

BELLYDANCE EXPO 2011 14 August, 2011

PROGRAM

- 10.00 - 4.00: Performances, shopping and classes throughout the day. All activities are FREE after entry.
- 10.00 - 10.30: **The Girl from Alexandria - Paivi from Farrah: The Egyptian Dance Artists**
Develop the coy, flirty yet innocent character typical of Alexandrian dance with Melaya.
SUITABLE FOR: Beyond Beginners
- 10.30 - 11.00: **Mastering Hip Drops - Paivi from Farrah: The Egyptian Dance Artists**
Learn one of the basic bellydance moves with Paivi, and see how much fun you can have with it and its many variations!
SUITABLE FOR: All
- 11.30 - 12.00: **Beginner Moves - Renee from Renee's Magical Bellydancing**
Get a feel for Renee's easy and fun teaching style. Renee will demonstrate simple beginners belly dance techniques to get you flexible. Learn how to combine a few techniques to create an interesting routine.
SUITABLE FOR: Beginners
- 12.00 - 12.30: **Shakin' All Over! - Virginia from Cinnamon Twist Belly Dance**
Learn the art of the shimmy with Virginia. You'll be guided through the basics as we break down the hip shimmy, shoulder shimmy, and the elusive shimmy walk. We'll work on the footwork and sense of balance needed in order to allow these challenging movements to unfold. Virginia's down-to-earth teaching style is fun and upbeat and by the end of this workshop she'll have you shakin' all over!
SUITABLE FOR: Beginners and Beyond
- 12.30 - 1.00: **Learn to Spin - Dona from Newtown Middle Eastern Dance Centre**
Get the breakdown in easy steps from spin queen Dona. She will show you how to do it without getting dizzy or falling over! A must if you are having trouble with this move.
SUITABLE FOR: All
- 1.00 - 1.30: **Beginners' Stick - Belinda from Bellydance with Belinda**
Learn how to hold, twirl and dance with the walking cane! Dancing canes available for purchase from the Amera's Palace stall on the day.
SUITABLE FOR: All
- 2.00 - 2.30: **Walk Like an Egyptian - Rachel from Inspire Bellydance and Zumba Fitness**
The Egyptian or Haggala walk is a move from folkloric dance that's also crucial to classical/cabaret bellydance. Come along for some tips on "getting" it, or if you've already "got" it, find new perspectives and variations.
SUITABLE FOR: Beyond Beginners
- 2.30 - 3.00: **Turkish Gypsy - Seda from Sedadance**
Learn Turkish Gypsy (Rom) style from our own Turkish Gypsy!
SUITABLE FOR: All
- 3.00 - 3.30: **Beginners Drum - Alpen from Newtown Middle Eastern Dance Centre**
Learn how to play a Darbuka with Alpen. Basic beats and technique for beginners.
BYO: Drum
SUITABLE FOR: Beginners